



# Cardio Tennis

Come join us for an intensive hour of tennis specific cardio drills.

Cardio Tennis will get you in shape and help tune up your game at the same time.

## **Cardio Info**

- Friday 12:00 PM - 1:00 PM
- Sign-up 24 hours in advance.
- The cost for the class is \$15.00 .



To sign-up or for questions, please call Shellaberger reception desk.

(505) 473-6144

Shellaberger Tennis Center  
1600 St. Michael's Drive  
Santa Fe, NM 87505

